

Mission

Contact: Nicole • NMROCZEK@SOUTHWOODLUTHERAN.ORG
To see a full listing of volunteer opportunities, visit SOUTHWOODLUTHERAN.ORG/GIVE-BACK/MISSION

Southwood Rural Food Distribution

Saturday, January 12 • 11AM–1PM in Palmyra
Help distribute food at the Palmyra Activity Center to people in the surrounding rural communities. Sign up at Southwood Central or online at SOUTHWOODLUTHERAN.IVOLUNTEER.COM

July 2019 Honduras Interest Meeting

Sunday, January 20 • 11AM in the Meeting Room

- ▶ Join us to travel to meet our sister church in La Ceibita Honduras. You will have opportunities to experience their culture, build relationships, build two houses, teach VBS, host a movie community night, visit homes plus much more!
- ▶ Trip dates: July 20–27, 2019, approximate cost: \$1,900
- ▶ Contact Nicole Mroczek • nmroczek@southwoodlutheran.org
- ▶ Financial Aid is available for 1st time trip participants who are members of Southwood.

Salvation Army Canteen

Saturday, January 5 • 4:10–8:10PM

Help serve an evening meal from the Salvation Army Canteen at the Gathering Place! This is a great opportunity for a family—4 volunteers are needed! Volunteers must be able to stand on their feet for long periods of time and must be 14 years or older. Sign up at Southwood Central or online at SOUTHWOODLUTHERAN.IVOLUNTEER.COM

The Gathering Place

January 14 & 17 • 4:45–6:30PM

Help serve and clean up an evening meal at the Gathering Place!

- Location: 1449 “E” Street

Sign up at Southwood Central or online at SOUTHWOODLUTHERAN.IVOLUNTEER.COM



Mourning Hope

We are seeking volunteers to help provide snacks for their Family Grief Support Group through May 20.

- ▶ Snack ideas: wraps/pinwheels, fruit or veggie trays, cold dips with chips/bread, cracker or popcorn mix (think tailgating snacks).
- ▶ Snacks may be delivered to Southwood by 1PM on Sundays.

Sign up at SOUTHWOODLUTHERAN.IVOLUNTEER.COM

Let them know you care!

Being a Team Lead on Sunday mornings gives me ample opportunities to visit with members while performing my duties. On one of those mornings I was stationed in the office between services to answer the phone or questions from members who stop in. During that time, I walked a member that I routinely converse with and exchange a little guff. I asked how he was doing this morning, expecting to get a joking reply, but instead I got an “I’ve had better days” response. The look on his face was sad and I could tell right away this was no joke. I stared at him, while my mind raced for the next thing to say, it seemed like five minutes had elapsed. I was completely taken aback by his reply and could only muster a “well...”, as he walked out of the office.



I was uncomfortable. What was I supposed to say without being intrusive to his situation? How could I have given him support? I struggled with this interaction for the rest of the morning talking to several other members and staff to see if they knew of any present issues. In fact I had another member who went to investigate and returned with “he gave me the same answer”.

I brought up this situation to our Care Board Advisory meeting and Pam Dinneen gave me a few examples on how I might handle an interaction like this. It wasn’t about knowing what is right or wrong to say, but letting him know that I was there for him and that I care. I know this won’t be the last of these types of interactions, but I at least have some guidance on how to handle the next situation. I pray I get those right!

—Matt Novasad

Creating a Caring Community

January Sermon Series

NOTICE—then ACT

It’s a simple concept.
Take a little time to NOTICE others.
In church. At home. In the workplace.
In the Community. THEN ACT.

Get Connected

December 30, 2018

Winter Classes

REGISTER TODAY!

Thursdays 6:30–8PM,
beginning January 10

Warm your heart with a caring Christian community. Join one of these sessions to enrich your faith in the new year:

▶ Alpha

(8 weeks) led by Jo Sheets—for anyone who is seeking answers about Christianity. Aren’t we all?

▶ I’d Like You More if You Were More Like Me

(6 weeks) led by Pam Dinneen, Director of Care Ministries—for those wanting deeper, more meaningful relationships.

▶ Bridges Out of Poverty

(3 weeks + 1 week Special Poverty Simulation Event) led by Alynn Sampson, Lincoln Food Bank—for those with servant hearts seeking to understand those we serve.

▶ Poverty Simulation Event

(January 31) an interactive immersion experience giving the participants a glimpse of the realities of poverty.

Register at southwoodlutheran.org/events
Cost: \$10 • Snacks and Childcare provided.



Southwood
Lutheran Church

402.423.5511
southwoodlutheran.org

Address: 4301 Wilderness Hills Blvd., Lincoln, NE 68516

Children

Contact: Faye Koehn • FKOEHN@SOUTHWOODLUTHERAN.ORG

Sunday School & DELVE

will *not* meet TODAY. Both will resume on January 6.

Sunday School Mission Offering Update

Building a Foundation for Education

Our Sunday School students are making a BIG impact in the lives of five students in Honduras and Tanzania. Sunday School offering money (September–December) provided all five high school scholarships!

Total offerings: \$5,500. Goal: \$5,000.

Thanks be to God!



Faith Stepping Stone Baptism Class

Sunday, January 13

11AM in the Meeting Room

Unwrap God's gift of Holy Baptism at the Faith Stepping Stone Baptism Class. At Southwood, we ask that all parents who are having children baptized attend one of these classes.

Sign up at the Southwood Central Kiosks or SOUTHWOODLUTHERAN.ORG/EVENTS



Youth

Contact: Drew Jagadich • DJAGADICH@SOUTHWOODLUTHERAN.ORG

DELVE

- ▶ **6th & 7th Grade DELVE** will not meet today—Christmas break. Resumes January 6 (8:30, 9:45, & 11AM).
- ▶ **8th Grade DELVE** does not meet January 2—Christmas break. Resumes Wednesday, January 9 (6:15–7:45PM).

High School Youth Group

- ▶ Will not meet today. Christmas break.

Life & Lattes

Will not meet January 1 or January 8.

Care

Contact: Pam Dinneen • PDINNEEN@SOUTHWOODLUTHERAN.ORG

Did You Know?

We have many books and resources on various topics such as parenting, marriage, financial skills, depression and many more available for you to check out. You can find these resources in the group room bookcase!

Prayer Team

Serve through your prayers!

Be a vital part of Southwood's Care Ministry and serve through your prayers. Complete the training at home and become part of this meaningful ministry. Contact Britni at bwilbrand@southwoodlutheran.org for a training packet.



Ongoing Care Ministries

Held in the Group Room next to the Nursery

- ▶ **Prayer Shawl Ministry**—January 2 & 16 • 6:30PM | January 10 • 10AM
- ▶ **Renewed Hope**—January 20 • 11AM

3 Tips for Caring Every Day

Helping Through the Holidays

Many holidays include family and friends gathering together, which can lead to a letdown afterwards, as they find themselves alone. If that applies to anyone you know, consider these tips as you help them:

- ▶ **Find a way to serve together and help others**—it puts the focus outside of oneself and helping feels good, especially when you do it with a friend.
- ▶ **Offer to pick someone up to do something social**—getting them out of their surroundings and active with others can alter their perspective.
- ▶ **Begin planning with them, for something in the future**—Having something to look forward to can lift spirits and give them something to think about that is positive.

Ministry

Contact: Jo Sheets • JSHEETS@SOUTHWOODLUTHERAN.ORG

Southwood Seniors: Fitness in the Golden Years

Wednesday, January 9 • 12–1PM in the Fellowship Hall

- ▶ **Lunch:** Baked Chicken and sides, fruit dessert provided
- ▶ **Program:** Fitness in the Golden Years by Kathy Fry, Registered Dietitian. Learn how better health can contribute to a better start to your New Year. Discover new ways to think about nutrition in your golden years. Join us for a healthy lunch and of course, great fellowship!

Register at southwoodlutheran.org/events

Welcome People to Southwood!

Start the New Year in a new volunteer role! Join an Usher Team at 9:45AM or 11:00AM to help make Southwood a welcoming place for all. Serve for a month at a time, twice per year. Subs are available for scheduling conflicts. Contact Michelle at msmith@southwoodlutheran.org.

Join Southwood

How do you become a member of Southwood? What is the difference between attending Sunday worship and actually being a member? Join us for these two workshops required for membership.

1. Discover Southwood

Sunday, January 20 • 8:30AM

2. Connect at Southwood

Sunday, January 27 • 8:30AM

(or by appointment, for individual guidance)

Register at southwoodlutheran.org/events



Southwood
Lutheran Church

Visit SOUTHWOODLUTHERAN.ORG
for a complete listing of events and registrations.