

# Mission

Contact: Nicole • [NMROCZEK@SOUTHWOODLUTHERAN.ORG](mailto:NMROCZEK@SOUTHWOODLUTHERAN.ORG)  
To see a full listing of volunteer opportunities, visit  
[SOUTHWOODLUTHERAN.ORG/GIVE-BACK/MISSION](http://SOUTHWOODLUTHERAN.ORG/GIVE-BACK/MISSION)



## Southwood Rural Food Distribution

Saturday, January 12 • 11AM–1PM in Palmyra  
Help distribute food at the Palmyra Activity Center to people in the surrounding rural communities. Sign up at Southwood Central or online at [SOUTHWOODLUTHERAN.IVOLUNTEER.COM](http://SOUTHWOODLUTHERAN.IVOLUNTEER.COM)

## July 2019 Honduras Interest Meeting

Sunday, January 20 • 11AM in the Meeting Room

- ▶ Join us to travel to meet our sister church in La Ceibita Honduras. You will have opportunities to experience their culture, build relationships, build two houses, teach VBS, host a movie community night, visit homes plus much more!
- ▶ Trip dates: July 20–27, 2019
- ▶ Approximate cost: \$1,900
- ▶ Contact Nicole Mroczek • [nmroczek@southwoodlutheran.org](mailto:nmroczek@southwoodlutheran.org)
- ▶ Financial Aid is available for 1<sup>st</sup> time trip participants who are members of Southwood.



## The Gathering Place

January 14 & 17 • 4:45–6:30PM

Help serve and clean up an evening meal at the Gathering Place!

• Location: 1449 “E” Street

Sign up at Southwood Central or online at

[SOUTHWOODLUTHERAN.IVOLUNTEER.COM](http://SOUTHWOODLUTHERAN.IVOLUNTEER.COM)



## Mourning Hope

We are seeking volunteers to help provide snacks for their Family Grief Support Group through May 20.



- ▶ Snack ideas: wraps/pinwheels, fruit or veggie trays, cold dips with chips/bread, cracker or popcorn mix (think tailgating snacks).
- ▶ Snacks may be delivered to Southwood by 1PM on Sundays.

Sign up at [SOUTHWOODLUTHERAN.IVOLUNTEER.COM](http://SOUTHWOODLUTHERAN.IVOLUNTEER.COM)

## Let them know you care!

Being a Team Lead on Sunday mornings gives me ample opportunities to visit with members while performing my duties. On one of those mornings I was stationed in the office between services to answer the phone or questions from members who stop in. During that time, I walked a member that I routinely converse with and exchange a little guff. I asked how he was doing this morning, expecting to get a joking reply, but instead I got an “I’ve had better days” response. The look on his face was sad and I could tell right away this was no joke. I stared at him, while my mind raced for the next thing to say, it seemed like five minutes had elapsed. I was completely taken aback by his reply and could only muster a “well...”, as he walked out of the office.



I was uncomfortable. What was I supposed to say without being intrusive to his situation? How could I have given him support? I struggled with this interaction for the rest of the morning talking to several other members and staff to see if they knew of any present issues. In fact I had another member who went to investigate and returned with “he gave me the same answer”.

I brought up this situation to our Care Board Advisory meeting and Pam Dinneen gave me a few examples on how I might handle an interaction like this. It wasn’t about knowing what is right or wrong to say, but letting him know that I was there for him and that I care. I know this won’t be the last of these types of interactions, but I at least have some guidance on how to handle the next situation. I pray I get those right!

—Matt Novasad

# Get Connected

January 6, 2019

## Winter Classes

REGISTER TODAY!

Thursdays 6:30–8PM,  
beginning January 10

Warm your heart with a caring Christian community. Join one of these sessions to enrich your faith in the new year:

### ▶ Alpha

(8 weeks) led by Jo Sheets—for anyone who is seeking answers about Christianity. Aren’t we all?

### ▶ I’d Like You More if You Were More Like Me

(6 weeks) led by Pam Dinneen, Director of Care Ministries—for those wanting deeper, more meaningful relationships.

### ▶ Bridges Out of Poverty

(3 weeks + 1 week Special Poverty Simulation Event) led by Alyn Sampson, Lincoln Food Bank—for those with servant hearts seeking to understand those we serve.

### ▶ Poverty Simulation Event

(January 31) an interactive immersion experience giving the participants a glimpse of the realities of poverty.

Register at [southwoodlutheran.org/events](http://southwoodlutheran.org/events)

Cost: \$10 • Snacks and Childcare provided.



## Creating a Caring Community

January Sermon Series

## NOTICE—then ACT

It’s a simple concept.  
Take a little time to NOTICE others.  
In church. At home. In the workplace.  
In the Community. THEN ACT.



Southwood  
Lutheran Church

402.423.5511  
[southwoodlutheran.org](http://southwoodlutheran.org)

Address: 4301 Wilderness Hills Blvd., Lincoln, NE 68516

# Children

Contact: Faye Koehn • FKOEHN@SOUTHWOODLUTHERAN.ORG

## Children's Music Workshop

Monday, January 21 • 9AM–12PM

- ▶ Ages: 4 years old through Kindergarten
- ▶ There will be music activities, craft and a snack.
- ▶ Leader: Deb White.

Register at SOUTHWOODLUTHERAN.ORG/EVENTS

Contact: Denise Makinson, Director of Music Ministry  
DMAKINSON@SOUTHWOODLUTHERAN.ORG OR 402.423.5511

## Faith Stepping Stone Baptism Class

Sunday, January 13

11AM in the Meeting Room

Unwrap God's gift of Holy Baptism at the Faith Stepping Stone Baptism Class. At Southwood, we ask that all parents who are having children baptized attend one of these classes.

Sign up at the Southwood Central Kiosks or  
SOUTHWOODLUTHERAN.ORG/EVENTS



# Youth

Contact: Drew Jagadich • DJAGADICH@SOUTHWOODLUTHERAN.ORG

## DELVE

- ▶ **6<sup>th</sup> & 7<sup>th</sup> Grade DELVE TODAY** (8:30, 9:45, & 11AM). We will begin our two-week study on Faith, Art and Iconography through the Ages! Next week is Parent Sunday.
- ▶ **8<sup>th</sup> Grade DELVE** Wednesday, January 9 (6:15–7:45PM). Meet at Tabitha Village (841 S. 47th St) for a night of serving.

## High School Youth Group

- ▶ **TONIGHT 6–8PM.** Bring a friend for dinner.

## Life & Lattes

Will not meet January 8.

# Care

Contact: Pam Dinneen • PDINNEEN@SOUTHWOODLUTHERAN.ORG

## Did You Know?

That we have Care Teams that lead worship services at five different care centers in Lincoln throughout the month? Our schedule is:

- ▶ 1<sup>st</sup> Sunday • 2PM • Southlake Village
- ▶ 1<sup>st</sup> Sunday • 3PM • Country House (25<sup>th</sup> & Old Cheney)
- ▶ 2<sup>nd</sup> Sunday • 2:30PM • Country House (70<sup>th</sup> & O)
- ▶ 3<sup>rd</sup> Thursday • 10:30AM • Madonna
- ▶ 4<sup>th</sup> Wednesday • 2PM • Clark Jeary Autumn House

If you know someone who lives there, please bring them to the service and worship with them!



## Ongoing Care Ministries

Held in the Group Room next to the Nursery

- ▶ **Prayer Shawl Ministry**—January 16 • 6:30PM | January 10 • 10AM
- ▶ **Renewed Hope**—January 20 • 11AM

## 3 Tips for Caring Every Day

### Notice and Act

It takes intentionality to notice those around you and see what might be happening in their lives. Take the time to ask and then make the effort to act—THAT is a caring community!

- ▶ **Notice** who might be sitting alone and go join them.
- ▶ **Watch for ways** you might be able to lend a helping hand.
- ▶ **Take the time to ask** about someone you haven't seen in awhile.

Now, make the effort to act on what you see and hear!!

**BE one who CARES!**

# Ministry

Contact: Jo Sheets • JSHEETS@SOUTHWOODLUTHERAN.ORG

## Southwood Seniors: Fitness in the Golden Years

Wednesday, January 9 • 12–1PM in the Fellowship Hall

- ▶ **Lunch:** Baked Chicken and sides, fruit dessert provided
- ▶ **Program:** Fitness in the Golden Years by Kathy Fry, Registered Dietitian. Learn how better health can contribute to a better start to your New Year. Discover new ways to think about nutrition in your golden years. Join us for a healthy lunch and of course, great fellowship!

Register at southwoodlutheran.org/events

## Welcome People to Southwood!

Start the New Year in a new volunteer role! Join an Usher Team at 9:45AM or 11:00AM to help make Southwood a welcoming place for all. Serve for a month at a time, twice per year. Subs are available for scheduling conflicts. Contact Michelle at msmith@southwoodlutheran.org.

## Join Southwood

How do you become a member of Southwood? What is the difference between attending Sunday worship and actually being a member? Join us for these two workshops required for membership.

### 1. Discover Southwood

Sunday, January 20 • 8:30AM

### 2. Connect at Southwood

Sunday, January 27 • 8:30AM

(or by appointment, for individual guidance)

Register at southwoodlutheran.org/events



Southwood  
Lutheran Church

Visit **SOUTHWOODLUTHERAN.ORG**  
for a complete listing of events and registrations.